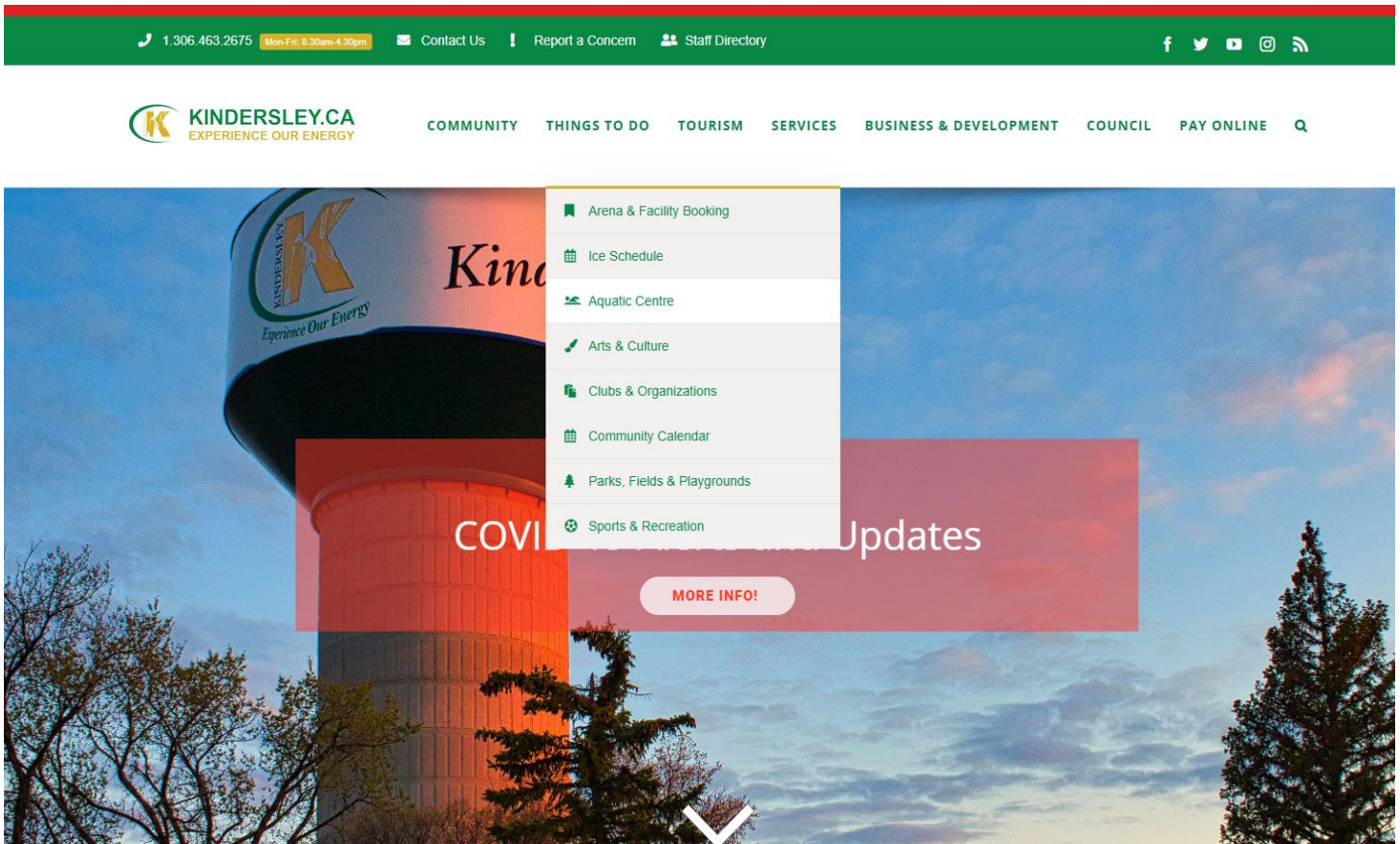
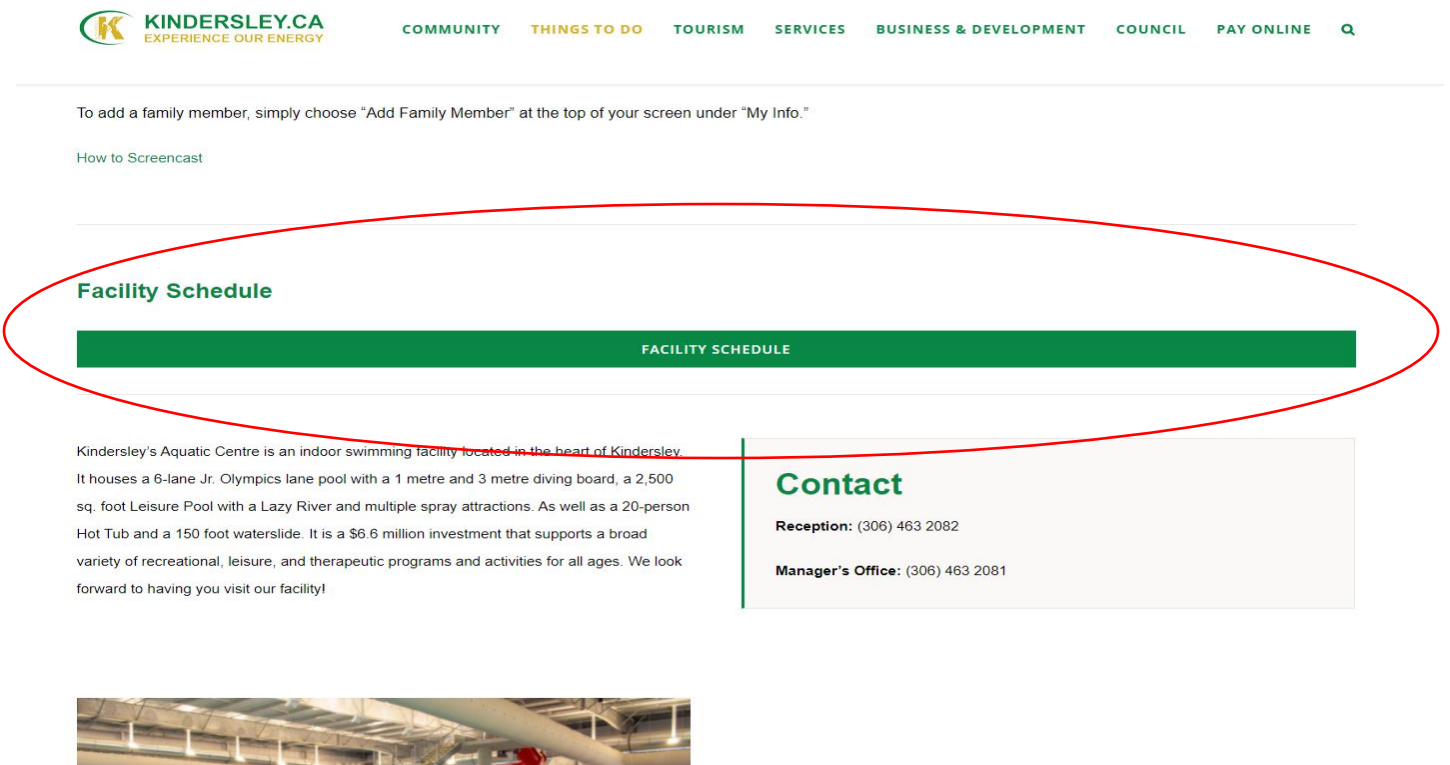


# How to Register for Aquatic Fitness Classes at KAC Online

1. Visit [www.kindersley.ca](http://www.kindersley.ca) then navigate to Things to Do > Aquatic Centre.



2. Scroll down to the "Facility Schedule" button.



# How to Register for Aquatic Fitness Classes at KAC Online

3. Find a class on the Facility Schedule that you would like to attend.

Friday	Saturday
<b>Nov 18th</b>	
6:45pm - 7:30pm	Kindersley Aquatic Centre No fee <a href="#">Register Onli...</a>
<b>Lane Swim</b> ⓘ 7:30pm - 9:30pm	Kindersley Aquatic Centre \$5.00 - \$19.00 <a href="#">More Info</a>
<b>Nov 19th</b>	
<b>Lane Swim</b> ⓘ 6:00am - 7:30am	Kindersley Aquatic Centre \$5.00 - \$9.00 <a href="#">More Info</a>
<b>Deep Aquatic Fitness Class</b> ⓘ 7:45am - 8:30am	Kindersley Aquatic Centre No fee <a href="#">6 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Gentle Aquatic Fitness Class</b> ⓘ 9:00am - 9:45am	Kindersley Aquatic Centre No fee <a href="#">8 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Lane Swim</b> ⓘ 10:00am - 1:00pm	Kindersley Aquatic Centre \$5.00 - \$9.00 <a href="#">More Info</a>
<b>Leisure Swim</b> ⓘ 12:00pm - 1:00pm	Kindersley Aquatic Centre \$5.00 - \$19.00 <a href="#">More Info</a>
<b>Deep Aquatic Fitness Class</b> ⓘ 12:15pm - 1:00pm	Kindersley Aquatic Centre No fee <a href="#">6 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Public Swim</b> ⓘ 2:00pm - 4:00pm	Kindersley Aquatic Centre \$5.00 - \$19.00 <a href="#">More Info</a>
<b>Lane Swim</b> ⓘ 6:15pm - 7:00pm	Kindersley Aquatic Centre \$5.00 - \$9.00 <a href="#">More Info</a>

4. Choose that class by clicking on the “Register Online” button.

Nov 19th			
<b>Lane Swim</b> ⓘ 6:00am - 7:30am	Kindersley Aquatic Centre	\$5.00 - \$9.00	<a href="#">More Info</a>
<b>Deep Aquatic Fitness Class</b> ⓘ 7:45am - 8:30am	Kindersley Aquatic Centre	No fee	<a href="#">6 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Gentle Aquatic Fitness Class</b> ⓘ 9:00am - 9:45am	Kindersley Aquatic Centre	No fee	<a href="#">8 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Lane Swim</b> ⓘ 10:00am - 1:00pm	Kindersley Aquatic Centre	\$5.00 - \$9.00	<a href="#">More Info</a>
<b>Leisure Swim</b> ⓘ 12:00pm - 1:00pm	Kindersley Aquatic Centre	\$5.00 - \$19.00	<a href="#">More Info</a>
<b>Deep Aquatic Fitness Class</b> ⓘ 12:15pm - 1:00pm	Kindersley Aquatic Centre	No fee	<a href="#">6 spot(s) left</a> <a href="#">Register Onli...</a>
<b>Public Swim</b> ⓘ 2:00pm - 4:00pm	Kindersley Aquatic Centre	\$5.00 - \$19.00	<a href="#">More Info</a>
<b>Lane Swim</b> ⓘ 6:15pm - 7:00pm	Kindersley Aquatic Centre	\$5.00 - \$9.00	<a href="#">More Info</a>
<b>Public Swim</b> ⓘ 7:00pm - 8:30pm	Kindersley Aquatic Centre	\$5.00 - \$19.00	<a href="#">More Info</a>
<b>Masters</b> ⓘ 8:30pm - 9:30pm	Kindersley Aquatic Centre	\$5.00 - \$9.00	<a href="#">More Info</a>

Spots Left Available in Class

Click to Register

## How to Register for Aquatic Fitness Classes at KAC Online

- By clicking the "Register Online" button, you will be navigated to the course registration page. This page has a description of the class as well as the times and dates in the future. To continue the registration process, click the blue "Register Online" button.



### Similar Events

	Every Tue, Thu
19/11/2020	07:45 AM - 08:30 AM
24/11/2020	07:45 AM - 08:30 AM
26/11/2020	07:45 AM - 08:30 AM
01/12/2020	07:45 AM - 08:30 AM
03/12/2020	07:45 AM - 08:30 AM

### About this Class

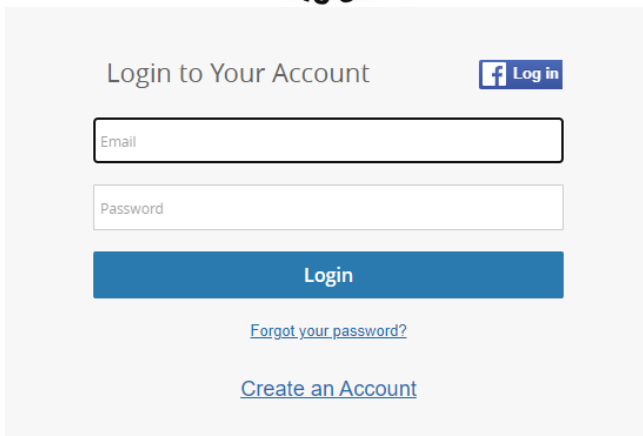
Deep Water Aquatic Fitness class is a mix of cardio and strength training and is taught in the 1.5 m - 3.7 m area of the Junior Olympic Pool. In this class, participants wear jogger belts for additional support and workout difficulty in the deep water. Please speak with your instructor for adaptations for jogger belt usage.

Please let your instructor know of any pre-existing medical conditions or concerns prior to participating.

Kindersley Aquatic Centre

[Show Map](#)

- You will need to log in, or create an account. If you have had membership



Login to Your Account [f Log in](#)

Email

Password

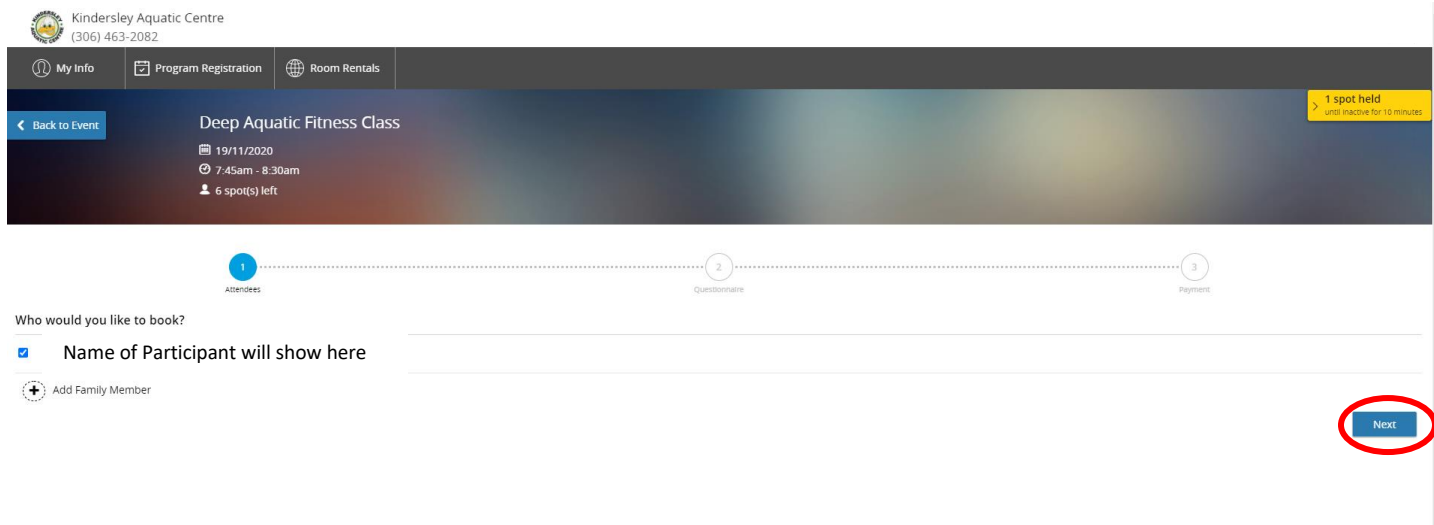
[Login](#)

[Forgot your password?](#)

[Create an Account](#)

# How to Register for Aquatic Fitness Classes at KAC Online

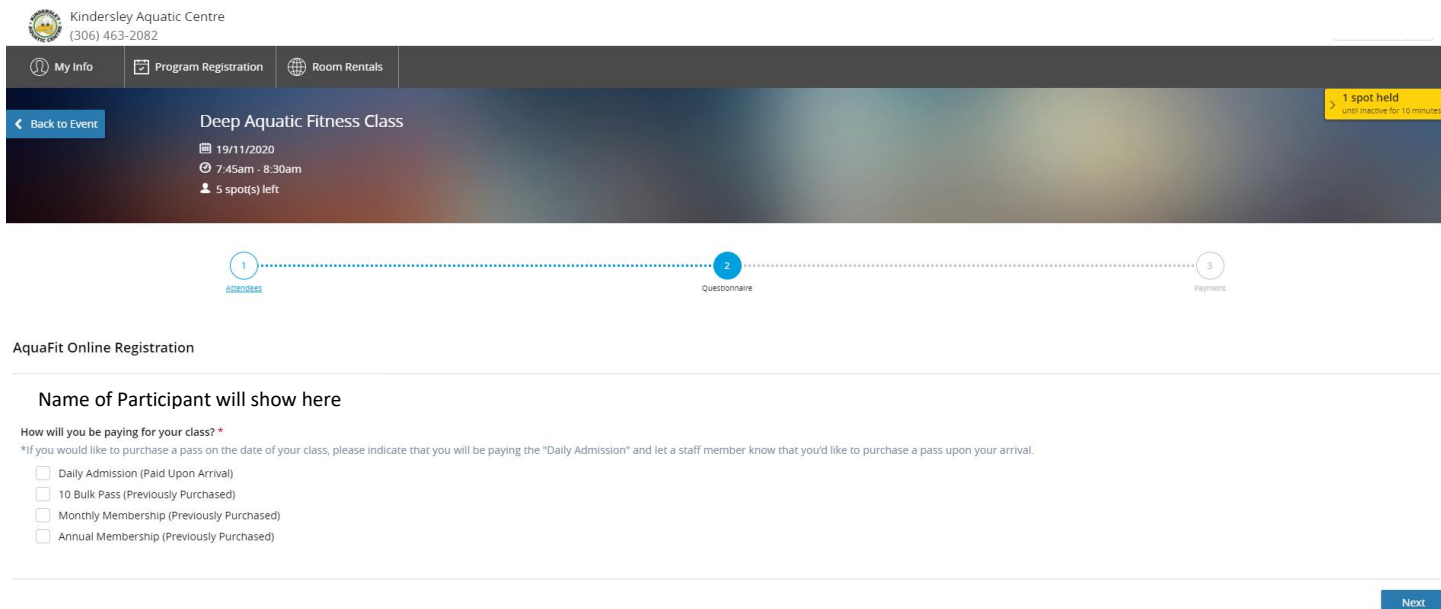
7. Once you have logged in, you will be directed to the page of the class you had chose before to register for. Click the blue “Next” button to continue the registration process.



8. Next, it will ask you what payment method you would like to use. Your options are:

- Daily Admission (To be paid upon arrival)
- 10 Bulk Pass (Previously Purchased)
- Monthly Membership (Previously Purchased)
- Annual Membership (Previously Purchased)

\*Please note that if you would like to purchase a pass on the day of your class, choose the option of paying the daily admission.



9. Once you’ve selected your payment method, choose “Next” and you will be registered for the Aquatic Fitness Class!

Please let us know if you experience any difficulties registering, and we would be happy to assist you!  
Please call 1(306)463-2082 for assistance!