



Be Emergency Ready!

Natural disasters may be beyond our control, but there are ways to reduce the risk and the impact of whatever emergency we might face - whether natural or human-induced.

Emergency Preparedness Week (May 3 to 9, 2020) encourages Canadians to take concrete actions to be better prepared to protect themselves and their families during emergencies. This special week is a national effort of provincial and territorial emergency management organizations, and Public Safety Canada.

By taking a few simple steps, you can become better prepared to face a range of emergencies – anytime, anywhere. It is important to:

- Know the risks – Although the consequences of disasters can be similar, knowing the risks specific to our community and our region can help you better prepare.
- Make a plan – It will help you and your family know what to do
- Get an emergency kit – During an emergency, we will all need some basic supplies. We may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours in an emergency.

For more resources to help you and your family prepare for all types of emergencies, visit the Get Prepared Canada Website at <https://www.getprepared.gc.ca> or the Saskatchewan Emergency Management Organization website at <https://www.saskatchewan.ca/residents/environment-public-health-and-safety/disaster-prevention>

Take concrete actions to be better prepared. Please do your part! Experience has shown that individual preparedness goes a long way to help people cope better - both during and after a major disaster - it can make a world of difference.

#epweek